

Johnson's baby

The Johnson's baby experience

With 1/4th baby lotion



NEW

Johnson's baby soap

With the soothing goodness of aloe vera



Johnson's baby powder

With the soothing goodness of aloe vera



NEW

Johnson's baby oil

With the goodness of avocado



NEW


Johnson's baby hair oil




Johnson's baby shampoo




Johnson's baby lotion



Johnson's baby cream



Johnson's baby nappy pads



NEW

Johnson's baby softcare wipes



Johnson's baby top-toe wash

Johnson's baby
Recommended by over
90% doctors

Baby Care in Monsoon



Monsoon Care for your little one's

The rains bring back fond memories from childhood, be it impromptu holidays from school, splashing about in muddy puddles, or maybe simply getting wet in a thunderous shower. The tiny droplets that adorn the fresh green leaves surrounded by the aroma of the damp earth refresh the senses. The monsoons are eagerly awaited as a welcome change from the hot and sultry summer that has just gone by.

Just like you, your little one will also enjoy this seasonal change. Perhaps be a little scared of the thunder and lightning which accompany the rain gods occasionally but overall will want to explore this new phenomenon. After all, the entire world is his oyster and you are his first teacher!

But the advent of the monsoon also heralds the humid weather along with flooded roads. Add to that the mosquitoes, flies and their subsequent diseases. The rains are not always a pleasant sight! Yet with a little care and forethought, you and your little one can enjoy this beautiful season in a safe and healthy manner.



*Johnson's baby
top-to-toe®
wash*

Perfect for my
baby's first bath.
Because it's as
mild as pure water.

What if we told you, your precious newborn's skin is 10 times* more delicate than your own. Wouldn't you be 10 times more watchful about what comes into contact with her fragile skin?

Of course you would. Which is precisely why we created **Johnson's baby® top-to-toe® wash**, it's one of our mildest, gentlest liquid "head-to-toe" washes ever. In fact it's as mild as pure water, and therefore perfectly suited for your baby's first bath. Not surprisingly then it has the approval, for bathing newborns in maternity homes the world over.



* Textbook of Dermatology (Rook), 5th ed, Blackwell, Oxford, 1992

YOUR BABY'S FIRST BATH



Clothes Care and Comfort

The rains bring with it heat and sweat that is different from the hot summer days, but are nevertheless as uncomfortable. Make sure your child is not wrapped in layers just because the temperature has dropped on to the cooler side. Avoid synthetic clothes and make him wear loose cotton clothes that will absorb the perspiration and allow the skin to breathe easily as he plays. Keep his skin dry to avoid prickly heat. Pick up a few extra sets of inner wear as clothes take a lot of time to dry in this weather. Ensure that the clothes are ironed out as damp clothes or socks can lead to fungal infections.

Once he has begun to walk and prefers to move around on his own, get him well-fitting closed rain shoes or gum boots which will keep his feet dry. Don't buy cheap plastic rain shoes as they can cause skin allergies. Look out for shoes made of good quality vinyl or rubber with skid proof soles so that he doesn't slip or fall. Some raincoats which are of inferior quality can also cause allergies, so choose his raincoat with equal care. Wipe him as soon as he comes home after getting wet in the rains, and change him into dry clothes. Gently dry his hair as he might catch a cold.



Gentle Home Remedies

Common cold is one of the most widespread illnesses amongst kids during the rains and otherwise. Your child being so little, natural medication is advisable for basic precaution. Here are a few things you can do to make him feel comfortable when he is unwell.

For a blocked nose,

use a few drops of eucalyptus oil on the pillow. The scented oil will aid the child's breathing.

For dry cough,

make a paste of 5 de-skinned almonds that have been soaked overnight along with butter and sugar. This will soothe the child.

For whooping cough,

mix a few drops of Tulsi and ginger juice from your garden along with honey. This will clear the throat.

For fever,

use strips of cloth in cool water along with salt to bring down the temperature.

For a stomach ache

put a little eau de cologne in the navel with the help of a cotton bud to soothe it.

10 Fun Things To Do This Season

It however cannot be denied that this season is the one that beckons to togetherness like no other. So bring out your creative best and make this season one of the most memorable ones that you will have for times to come. We have some ideas to get you started.

- 1) Indulge your toddler with indoor games and activities that can keep him occupied, such as hide and seek, carom, painting, art and craft or dancing to some fun music.
- 2) Invite children from the neighborhood for a play date at your house so he can have some company. Help them make paper boats and top it with scrumptious snacks for their very own Monsoon Tea Party.
- 3) Take advantage of the dark surroundings and turn it in to your home theatre. Watch his favorite movie teamed with popcorn and hot chocolate, a great mom and baby moment.
- 4) Discover your hidden artistic talents by becoming his favorite cartoon character and enacting his much loved story.
- 5) Make a list of all the nursery rhymes with the 'water theme'. Maybe it's time to go down memory lane. Let us start the list for you with "Rain, rain, go away", "Incy, wincy spider" and "It's raining, it's pouring". Now your turn.
- 6) Play hot and cold. Hide their favorite toy and then ask them to search for it. If they are too close to finding it, they are 'hot'. And of course if they are no where close to it they are 'cold'. Should be fun.
- 7) Indulge in some water coloring; it's the flavor of the season. Who knows you might find your very own Picasso. Then simply frame the picture as a keepsake.
- 8) Have a rain dance. Pick a song that he likes and simply dance like no ones watching every time it rains. That should keep the two of you busy for quite sometime.
- 9) Make your own rain album of exclusive pictures shot during your indoor months. Probably you can come back with a Season-2 next year?
- 10) Enjoy these precious moments with your little one. You are investing in a treasure chest of memories that you'd like to unwrap someday in the sunset of tomorrow.

The monsoon is a beautiful season; a few sensible precautions and a little extra care can make this an extremely welcome and enjoyable time of the year for both you and your little one.